



[www.ean.care](http://www.ean.care)

EUROPEAN  
AGEING  
NETWORK

# EAN DIGITAL SUMMIT

## Estonia

Vambola Sipelgas

The Union of

The Quality of Baltic Social Services

**WWW.EAN.CARE**

April 27, 2023

MALTA

# 1. Current state of play

## A. VISION

By 2030, Estonia will have an internationally recognized long-term network/system that includes all services, offer innovative solutions and provides high-level service at affordable price



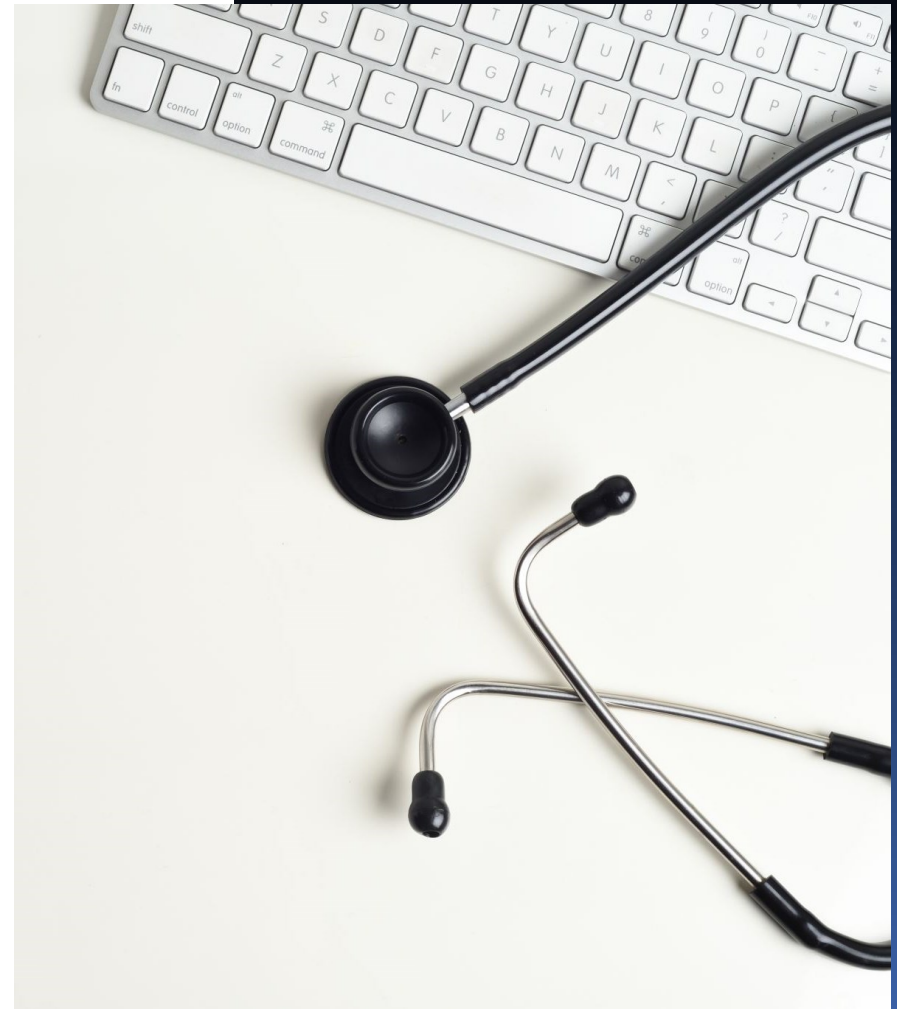
## B. EDUCATIONAL PROGRAMS

International program SUSTAIN (Sustain Tailored Integrated Care of Curriculums for care workers include the development of digital skills

Older People in Europe)

## 2. Primary Use

- **ELECTRONIC PATIENT FILES**  
GDPR (General Data Protection Regulation) prevents the cross-use data between helhcare, local goverment, autorities and welfare institutsons
- **DIGITAL HEALTH DATA**  
are in the national information system and database across the country. The person can  
Access by authenticing with ID-card  
Nursing home documentation is created and stored on the Inursing homes's local servers and hosting servers.  
STAR i.e. the data register of social services and benefits (complex social benefiits and services)



## 3. Secondary Use

- Sharing data would help to plan services better and avoid duplication
- There is no internationally recognized coding language for care on a uniform basis
- The transition to the use ICF (international Classification of Functioning, Disability and Health)



## 4. Technology and digital tools in LTC

- **Telemonitoring**

**GPS**

**Fall detection sensors**

**Anti-decubitus mattresses**

**Skype**

**Examples:**

Medication dispenser, Telemonitoring, Smart diapers, Fall prevention (Hip Airbag), Fall prediction, Screen Care or Smart glass, GPS-tracking (life circles), Pressure injury risk prediction, Telemedicine, Robotics, others

## 4. Technology and digital tools

- What are the main obstacles for implementation of digital tools?  
(please rank from biggest to smallest obstacle)
  - *Lack of vision*
  - *Lack of funding*
  - *Legal issues*
  - *Lack of workers skills*
  - *Ethical/moral issues*
  - *Other*

# Thanks for your attention.

[hellenurme@hotmail.com](mailto:hellenurme@hotmail.com)



Helps. Cares. Protects.

**arjo**

*with people in mind*

